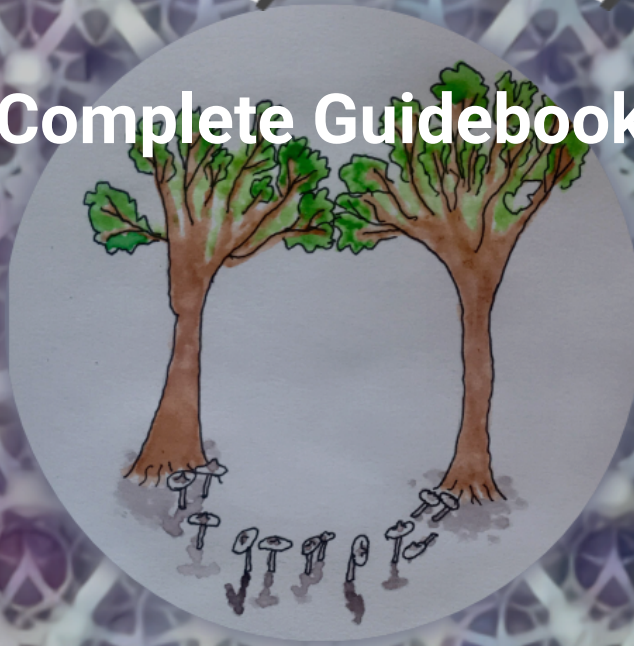
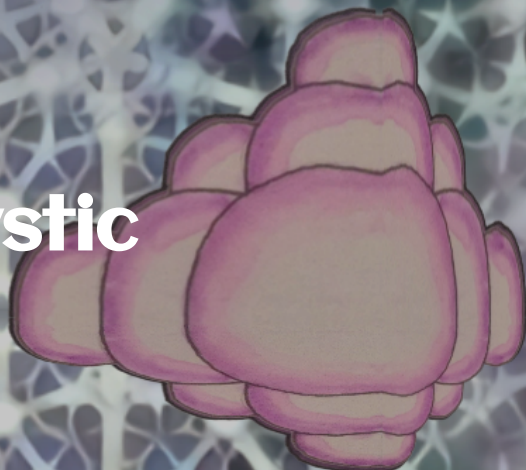


# Order of the Twelve Mushrooms

Complete Guidebook



Ash Mystic



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# Order of the Twelve Mushrooms

Oracle Deck

**Complete Guidebook**



**Created by Ash Mystic**

Visit [TwelveMushrooms.com](https://www.twelvemushrooms.com) to purchase the deck and access other free tools and resources related to the *Memphis Mushroom Synchronicity!*



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First Edition – 2023

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# Introduction

The ***Order of the Twelve Mushrooms*** oracle deck is based on a powerful synchronicity and mystical experience I bore witness to. It occurred in Memphis, Tennessee, United States on August 22, 2017 - a day after the Great American Eclipse! I believe the synchronicity was a spiritual revelation illuminating insights about life, reincarnation, and the process of spiritual ascension in the dawn of the Age of Aquarius. Hereafter I will refer to this event as the ***Memphis Mushroom Synchronicity (MMS for short)***. The first chapter presents a short narrative of the *MMS* and how it inspired the oracle card deck.

Further study and meditation of the *MMS* in the months that followed led to several very interesting philosophical discoveries linking this vision with archetypal patterns from many world spiritual traditions, particularly the *Fruit of Life*, *Kabbalah Tree of Life*, and astrology. The oracle deck is an encapsulation of the insights I gained from the *MMS* integrated with these correspondences.

I encourage you to study and meditate on the various diagrams found throughout this guide. I hope that by uncovering the many layers of synchronicities within these connections, you unlock in yourself the eyes to see synchronicities and universal truths everywhere!

May it bring you light and wisdom,  
*Ash Mystic*

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# 1. The Memphis Mushroom Synchronicity

*"Coincidence is God's way of remaining anonymous"*

- Albert Einstein

## Origin of the 7 Stages

In the summer of 2017 I witnessed an incredible synchronistic phenomenon. On August 22 - a day after the "Great American Eclipse" - I stopped by in Memphis, Tennessee on my way back from a road trip to see the totality. I was feeling irritable and drained from driving through civilization, so I decided to take a long break in nature.

I spontaneously explored a park right on the Mississippi River, where in the grass I discovered twelve mushrooms arranged in an arc between two trees [Figure 1].

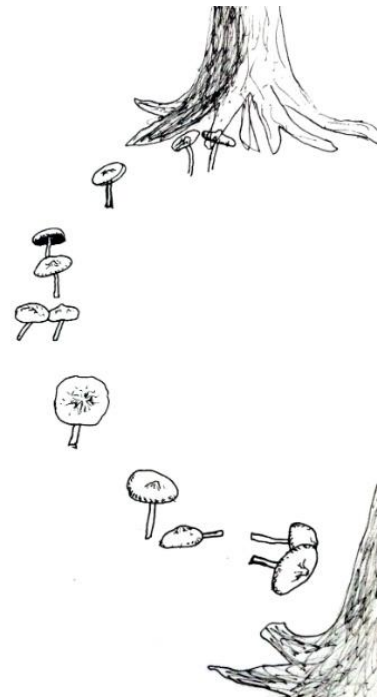


Figure 1: Original sketch of the 12 mushrooms



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The arc shape by itself was not surprising. These mushrooms most likely made up a “fairy ring”, a typical growing pattern in mycelium fungal networks. However it was their orientations and relative positions which were special.

Upon further inspection and intuitive analysis I realized that the mushrooms were positioned and arranged in six groups which elegantly represented the stages of life. Together with the two trees they were between, the mushrooms gracefully represented the entire life-reincarnation cycle [Figure ii and iii].

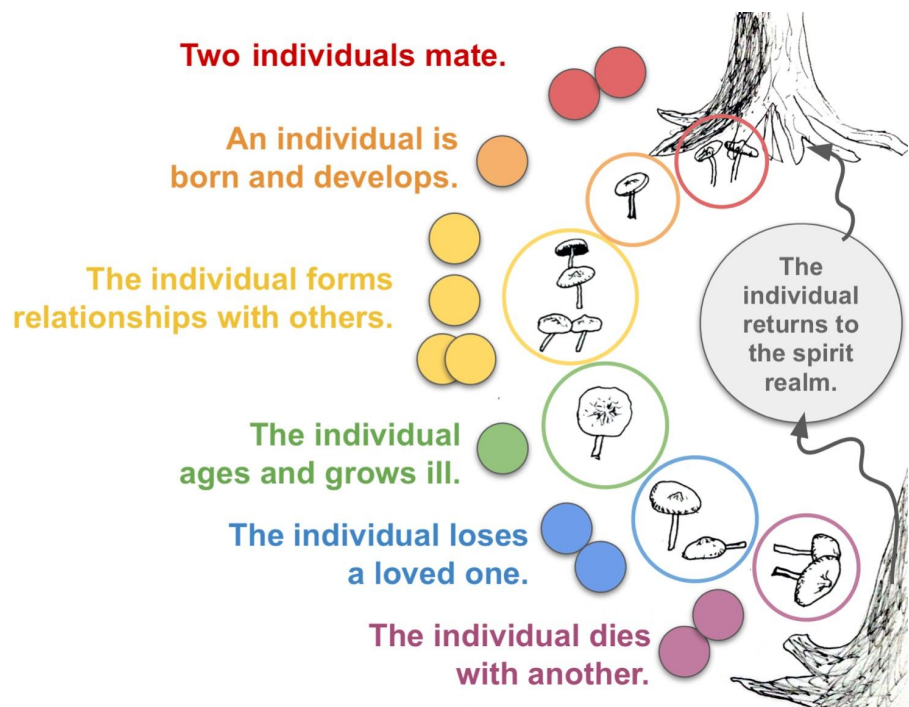
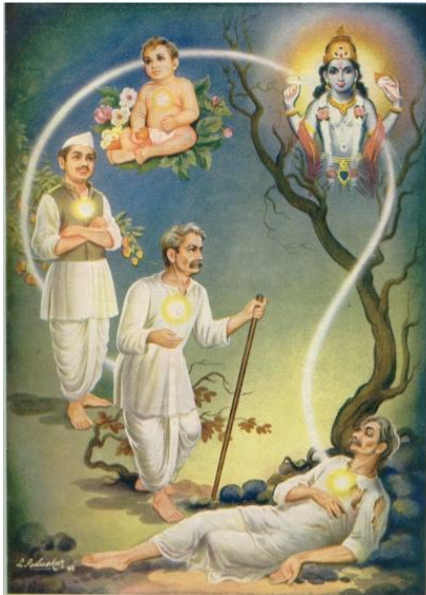


Figure 2: Intuitive analysis of the mushrooms arranged into 6 groups/stages together with the 2 trees (7th/spirit stage)

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A Hindu vision of Reincarnation  
Painting by L. Pednekar

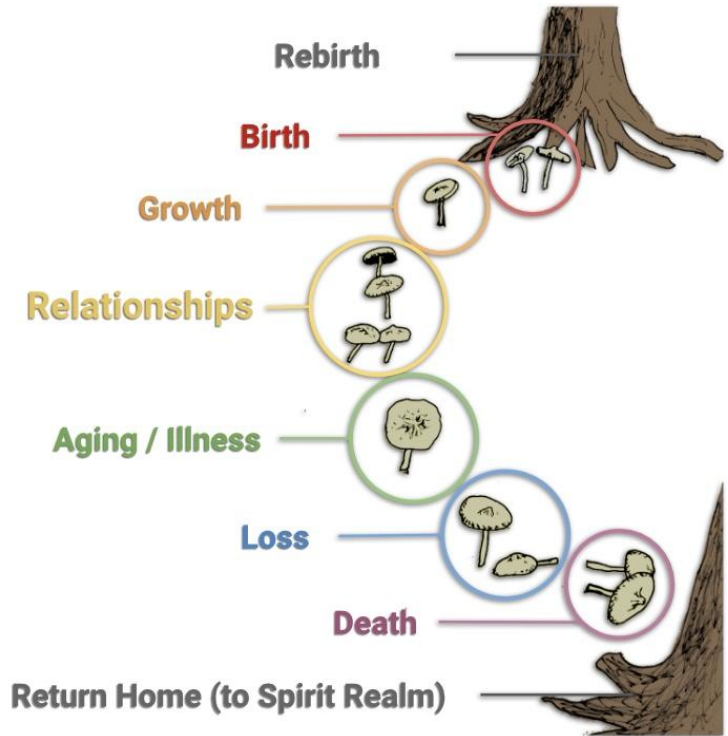


Figure 3: Connection to traditional Reincarnation myth

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## Origin of the 7 States

The 7 States represent the psycho-spiritual states of consciousness I experienced leading up to and during the *Memphis Mushroom Synchronicity*. They encapsulate my experience of the *MMS* in the context of my personal life journey. I believe they were a critical and integral part of the *MMS* manifesting in the first place, so I decided to make them a core part of the Twelve Mushrooms oracle deck. I believe that applying them will help you as much as they helped me! I eventually arrived at a set of 7 states that stay true to the story and also elegantly correspond to the 7 stages. The bold and italicized verb represents the *Action* or essence of each State.

1. **Presence**: openly acknowledging to myself about my *beingness* (how I am) in the moment. I observed all the unpleasant feelings and thoughts I was experiencing that day: frustration, anger, and resentment towards modern society and the world.
2. **Gratitude**: making a conscious decision to shift my attention from negative to positive by finding gratitude for the things I *feel* an aversion to (the society I grew up and live in, which did in fact nourish me in many ways).
3. **Synchronicity**: adopting a playful curiosity and intention to look for patterns in nature through *sensing* and the balance of intuition and logic. This led to me noticing and observing the mushrooms in the park.
4. **Surrender**: I *trusted* in the unfolding of the synchronicity - not knowing where it would lead, but maintaining faith that it was illuminating something profound. I surrendered to the truth materializing before me.
5. **Gnosis**: “connecting the dots” by linking the 12 mushrooms to the 6 stages of life plus the 7th spirit stage with the 2 trees led to the deep *understanding* of a grand and sacred cycle that transcends and includes human consciousness and Earth-bound reality: the stages of life and reincarnation.
6. **Rapture**: the deep clarity I experienced accelerated into a profound awe. I experienced an incredible feeling of *rapture* and ecstasy - a whole body-sensation characterized by numbness, tingling, crying and profound joy. It felt like a connection to Unity/Christ Consciousness: a peak experience involving the dissolution and merging of my self-identity with the Infinite. Time and space felt distorted.



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7. **Spirit**: the final state is the acknowledgement that as a spiritual being having a human experience I am both one with and part of God - like a drop in the limitless ocean or the holographic cell of a larger being. Like a tributary branching off from the main river, I have consciously chosen to split off a sliver of Unity Consciousness to experience and **flow** through all the States and Stages of life (and beyond) and remember who I am through these kinds of mystical experiences. As Carl Sagan famously said, "we are a way for the cosmos to know itself".

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A more detailed account of the *Memphis Mushroom Synchronicity* will be available in an upcoming memoir!

## 2. Intro to the Oracle Deck

### Front Side: **Stages**

The front face of the cards show literal physical depictions of the elements of the *Memphis Mushroom Synchronicity* in all their fungal glory! They represent the Stages of Life and Reincarnation.





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## Reverse Side: **States**

The back face of the cards correspond to the special psycho-spiritual States that I experienced leading up to and during the *Memphis Mushroom Synchronicity*.



## Harmony and Balance

The Stages can be thought of as an outer/physical representation of being, while the States are the corresponding inner/spiritual representation. Explore the rest of the guide to learn how the Stages and States relate to each other, the *Fruit of Life*, *Tree of Life* and astrology!

👉 See [Chapter 8](#) and [Chapter 9](#) for the detailed reference information of each card.



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### 3. How to Use This Deck

This deck is unique because there is content on the front and back of each of the 7 cards. So to use it for divination, flip the cards front-to-back several times as you shuffle normally. It's also recommended to shuffle with your eyes closed or while looking completely away so you don't accidentally consciously choose a card!

Below are a few ideas for working with this deck.

Divination (picking subconsciously):

1. Ask for guidance on a specific life question and pick a random card.
2. Pick a random card at the beginning of each day/week/moon/year for a new theme to work on.

Meditation Tool (choosing consciously):

3. Consciously select a card that corresponds to a chakra you want to develop/clear (see later pages for the chakra correspondences) and place it on that area on your body as you meditate.

If you're going through a difficult life event like the loss of a loved one, select the card that best corresponds to it (e.g. "Loss") and meditate on the imagery of both the front and back.

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## 4. Correspondences Wheel

The wheel below (and [Correspondences Table](#) in Chapter 5) summarize how the Stages and States relate to each other as well as to several universal archetypal energies. (The wheel & table is also available as a standalone PDF document at [TwelveMushrooms.com/guide](http://TwelveMushrooms.com/guide).)

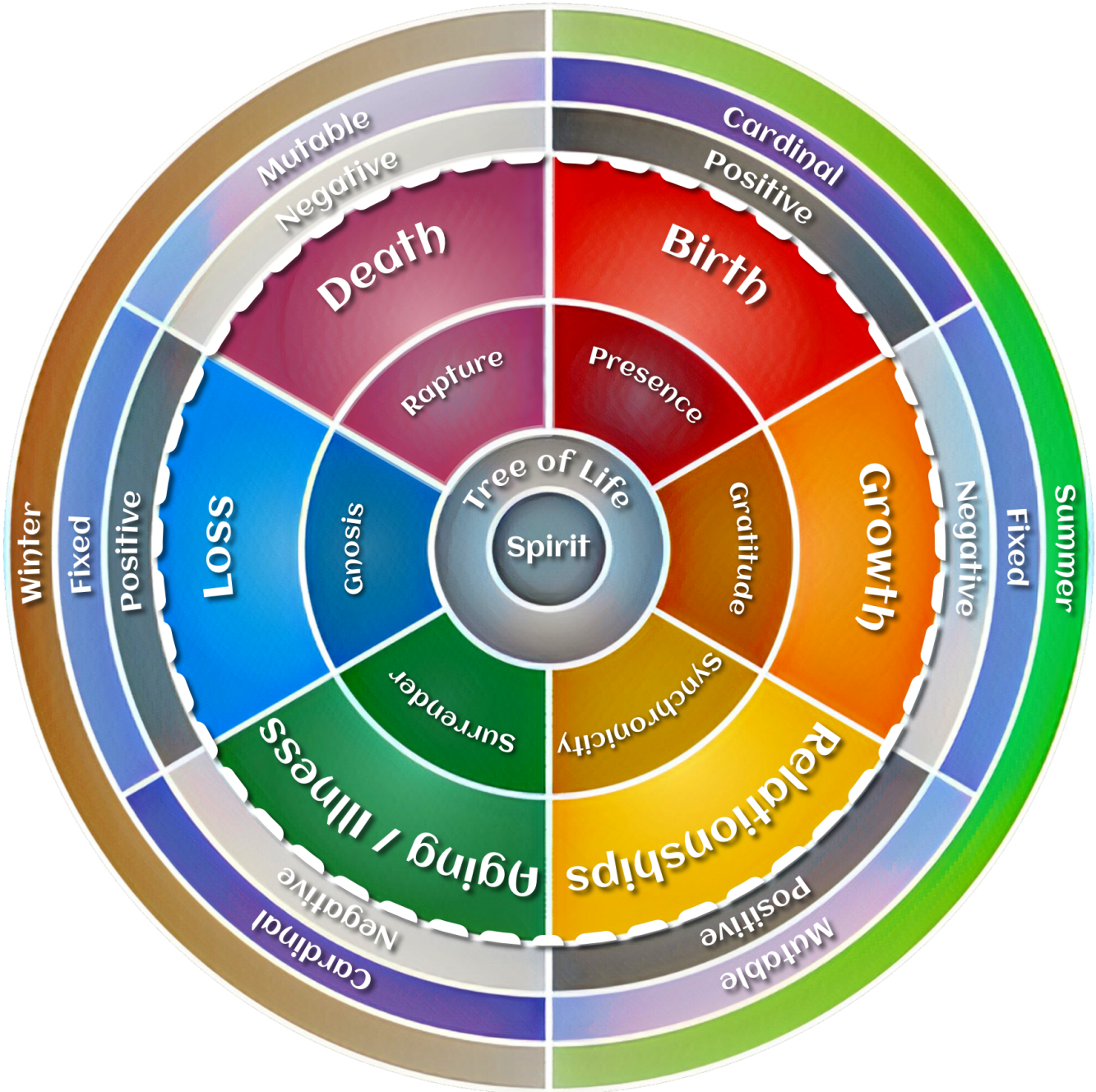


Figure 4: Correspondences Wheel

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## The Inner Band/Core: Stages and States

The Stages and States are shown in the innermost 4 circles/rings within the white dashed-line. The Stages can be thought of as an outer/physical representation of being, while the States are the corresponding inner/spiritual representation. So the ring of Stages encapsulates the ring of States within it. They start in the top-right with *Birth/Presence* and go sequentially clockwise, ending with *Death/Rapture* in the top-left. (This order is based on how the stages are overlaid onto the [Fruit of Life](#) pattern in Chapter 6).

The 7th Stage and State -*Tree of Life* and *Spirit*, respectively - are at the very center in their own circles. This is because they transcend the dimension of the other Stages and States. The first 6 (“terrestrial”) Stages represent life on Earth (3D/4D) and the 7th one represents traveling back to the spirit realm (5D). Meanwhile the first 6 States represent the levels of consciousness our hyperdimensional and immortal spirit can obtain. The 7th State, *Spirit*, can be thought of as the energy that travels to all parts of the wheel (i.e. Creation), so it perches in the middle like a cosmic spider waiting at the center of its web!

## The Outer Band: Archetypal Energies

To the outside of the dashed line are 3 circles/rings that map the Stages and States to different archetypal energies that have analogues in Western Astrology. These are: **Polarity** (or charge/focus), **Mode** (or quality/modality), and **Season**. Being at the very center in their own circle, the seventh Stage and State embody all the energies and integrate them into wholeness/Unity Consciousness.

### Polarity (Charge/Focus)

Also known as *Charge* in astrology, *Polarity* divides signs into 2 groups: positive (yang/assertive/expressive/masculine) and negative (yin/passive/receptive/feminine). *Polarity* also describes the *Focus*, or direction of our attention/energy. Each Stage/State focuses on either themselves or other(s). Like polarity in astrology, polarity oscillates back and forth with each sequential stage. The table below describes how each Stage corresponds to a particular *Polarity/Focus*.

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Polarity	Attributes	Focus	Western Zodiac Signs
Positive	Giving, emitting, doing, assertive	Others	Aries, Gemini, Leo, Libra, Sagittarius, Aquarius
Negative	Receiving, attracting, feeling, passive	Self	Taurus, Cancer, Virgo, Scorpio, Capricorn, Pisces

Table 1: Summarizing Polarity and comparing to Western Astrology

Polarity	Focus	Stage	Connection to Focus
Positive	Other	Birth	The two mushrooms in this stage represent the parents of the child being born. The parents focus on their child.
Negative	Self	Growth	We develop abilities and personal identity.
Positive	Other	Relationships	We connect with others.
Negative	Self	Aging/Illness	We notice our own health and state of being.
Positive	Other	Loss	We turn our attention to someone/thing we no longer have.
Negative	Self	Death	We heed our own transition out of this experience.

Table 2: Matching the energies of Stages to Polarity/Focus

## Season

The seasons in this system work very similar to those in Western astrology, except there are only 2 (Summer and Winter) instead of the usual 4 (Spring, Summer, Autumn, Winter). Spring is subsumed into Summer and Autumn into Winter. This is done because there are 6 divisions of the wheel instead of 12 like in Western astrology (12 is evenly divisible by 4, but 6 is not). Since there are only 2 seasons, it's another model of polarity characterized by "positive" and "negative"

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energy. However we do get “sub-seasons” when combining the Season and Mode. Mode is described in the next section.

The [Complimentary Symmetries](#) gone over in Chapter 6 help explain why the Stages are placed into the seasons like they are. We can look at the *Action* of each Stage (its energy or essence) and compare it to common associations/energies of each season to see that they fit appropriately. Summer is commonly associated with light, creation and activity, while Winter is associated with darkness, decay and stillness. The first three stages: *Birth, Growth and Relationships* have actions that are commonly seen as “positive” that fit the associations with Summer. The latter three: *Aging/Illness, Loss and Death* have actions that are commonly seen as “negative” that fit the associations with Winter. Below are tables making those comparisons, along with lines connecting the **Antipodes** (opposites).

Order of the Twelve Mushrooms		Western Astrology	
Season (divided in 2)	Common associations/energy	Season (divided in 4)	Western Zodiac Signs (Northern Hemisphere)
Summer	light, creation, negentropy, activity	Spring	Aries, Taurus, Gemini
		Summer	Cancer, Leo, Virgo
Winter	darkness, decay, entropy, stillness	Autumn	Libra, Scorpio, Sagittarius
		Winter	Capricorn, Aquarius, Pisces

Table 3: Summarizing Seasons and comparing to Western astrology



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Season	Stage	Action (energy/essence)	Antipodes
Summer	Birth	addition	
	Growth	expansion	
	Relationships	going beyond oneself (connection)	
Winter	Aging/Illness	contraction	
	Loss	subtraction	
	Death	losing oneself (disconnection)	

Table 4: Matching the energies of Stages to Seasons and showing Antipodes (opposites)

### Mode (Quality/Modality)

Also known as the *Quality* or *Modality* in astrology, *Mode* refers to a zodiac sign's position in the season it is found in. It can be one of 3 values: *Cardinal*, *Fixed*, or *Mutable*. Cardinal represents the beginning, Fixed the middle and Mutable the end. The first 6 Stages/States of the *MMS* also correspond to a mode depending on their position in the Summer/Winter season. Below are tables summarizing the attributes of each mode and how they connect to each Stage.

Mode (Quality/Modality)	Attributes	Western Zodiac Signs
Cardinal	Action, dynamic, initiative, great force	Aries, Cancer, Libra, Capricorn
Fixed	Resistance to change, great willpower, inflexible	Leo, Scorpio, Aquarius, Taurus
Mutable	Adaptability, flexibility, resourcefulness	Sagittarius, Pisces, Gemini, Virgo

Table 5: Summarizing Modes and comparing to Western Astrology

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Mode (Quality/Modality)	Stage	Connection to Mode
Cardinal	Birth	The beginning of the life cycle as well as the beginning of the Summer season
Fixed	Growth	In the middle of Summer
Mutable	Relationships	At the end of Summer
Cardinal	Aging/Illness	Begins the Winter season
Fixed	Loss	In the middle of Winter
Mutable	Death	At the end of Winter as well as at the end of the whole life cycle

Table 6: Matching the energies of Stages to Modes

### Special Note

For the terrestrial (first 6) Stages/States, the *Polarity* and *Mode* are together sufficient to define them (2 possible polarities x 3 possible modes = 6 Stages/States). This contrasts to Western astrology where the *Element* and *Mode* of a sign are together sufficient to define them (4 possible elements x 3 possible modes = 12 zodiac signs).

The cosmic (7th) Stage/State are nondual/nontrial, meaning they integrate all 2 Polarities / 3 Modes / 2 Seasons.

...

## 5. Correspondences Table

The table below summarizes significant attributes and relationships of the Stages and States. Each numbered row (1-7) listed in the *Order* column represents one of the cards, i.e. the Stage-State pairings. (The wheel & table is also available as a standalone document at [TwelveMushrooms.com/guide](http://TwelveMushrooms.com/guide).)

Order	Stages (outer/physical realm)				States (inner/spiritual realm)				Cycles/Correspondences		
	Stage	Action	Planet	Antipode	State	Action	Chakras	Antipode	Polarity	Mode	Season
1	Birth	Add (+)	Mars (♂)	Loss	Presence	Be (•)	Root (●) Sacral (●)	Gnosis	Positive	Cardinal	Summer
2	Growth	Expand (⊕)	Jupiter (♃)	Aging/ Illness	Gratitude	Feel (~)	Sacral (●) Solar Plexus (●)	Surrender	Negative	Fixed	Summer
3	Relationships	Go Beyond Oneself (↑)	Venus (♀)	Death	Synchronicity	Sense (Δ)	Solar Plexus (●) Heart (●)	Rapture	Positive	Mutable	Summer
4	Aging/Illness	Contract (⊖)	Saturn (♄)	Growth	Surrender	Trust (∇)	Heart (●) Throat (●)	Gratitude	Negative	Cardinal	Winter
5	Loss	Subtract (−)	Mercury (☿)	Birth	Gnosis	Understand (✧)	Throat (●) 3rd Eye (●)	Presence	Positive	Fixed	Winter
6	Death	Lose Oneself (↓)	Sun (☉)	Relation- ships	Rapture	Become (◌)	3rd Eye (●) Crown (●)	Synchro- nicity	Negative	Mutable	Winter
7 / 0 / ∞	Tree of Life	Journey Home (◌)	Moon (☾) Earth (♁)	N/A	Spirit	Flow (ˆ)	Soulstar (●) Earthstar (●)	N/A	All/ Nondual	All/ Nondual	All/ Nondual

Table 7: Correspondences Table

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## Table Column Key

**Order:** signifies the position the Stage/State lies in the sequence as seen in the [Memphis Mushroom Synchronicity \(MMS\)](#) (Chapter 1).

### Stages (outer/physical realm)

**Stage:** The name of the Stage, as observed in the *MMS*. The background color roughly translates to - and goes in order of - the colors of the rainbow.

**Action:** How this Stage behaves/manifests in the world. These are derived from the [Fruit of Life Symmetries](#) analysis (Chapter 6).

**Planet:** The celestial body associated with/ruling this Stage. These are analogous to the *Chakras* that go with each State (column 8).

**Antipode:** The Stage directly opposite or across from this one, representing the complementary/opposite energy. They are analogous to an astrological sign's opposite. The antipodes are derived from the [Fruit of Life Symmetries](#) analysis (Chapter 6).

### States (inner/spiritual realm)

**State:** The name of the State, as experienced in the *MMS*. The background color roughly translates to - and goes in order of - the colors of the rainbow/chakras.

**Action:** How this Stage behaves/manifests in the world. These are loosely based on the chakra associations.

**Chakra:** The chakra energy center associated with this State. These are analogous to the *Planets* that go with each Stage (column 4).

**Antipode:** Like the Stage Antipode, this is the State directly opposite or across from this one, representing the complementary/opposite energy. The antipodes are derived from the [Fruit of Life Symmetries](#) analysis (Chapter 6).

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## Cycles/Divisions

**Polarity:** Also known as *Charge* in astrology, *Polarity* divides signs into 2 groups: positive (yang/assertive/expressive/masculine) and negative (yin/passive/receptive/feminine). Polarity also describes the *Focus*, or direction of our attention/energy. The 7th Stage/State integrate both polarities.

**Mode:** Also known as the *Quality* or *Modality* in astrology, *Mode* refers to the Stage/State's position in the season it is found in. It can be one of 3 values: *Cardinal*, *Fixed*, or *Mutable*. The 7th Stage/State integrate all 3 modes.

**Season:** The corresponding terrestrial season. It can be one of 2 values: *Summer* or *Winter*. The 7th Stage/State integrate both seasons.

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## 6. The Fruit of Life

"Pleasure may be found by absorbing ourselves in questions of pure geometry."

- Albert Einstein

The *Memphis Mushroom Synchronicity* overlaid onto the *Fruit of Life* illuminates several symmetries and complementary relationships between stages. These symmetries inspired many aspects of the oracle deck.

The Fruit of Life is significant in that it is derived from/derives many other symbols of *sacred geometry*, including *Metatron's Cube* (shown below), the *Flower of Life*, *Seed of Life* and the [\(Kabbalah\) Tree of Life](#) (Chapter 7). These shapes have been purported for centuries as metaphysical building blocks of creation. Their use across major religions and esoteric traditions throughout time suggests a common deeper knowledge of the origin and structure of our reality.

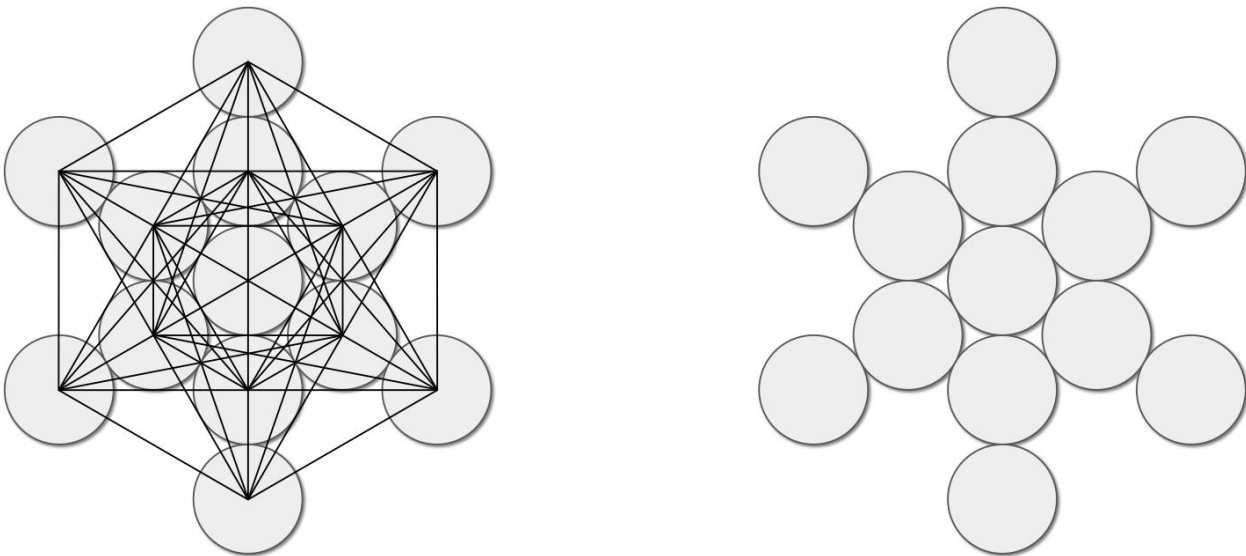


Figure 5: Metatron's Cube (left) and the Fruit of Life (right)

In particular, Metatron's Cube embodies a couple of profound insights. One is a message of divine polarity: the circles represent feminine (yin) energy and the lines represent masculine (yang)



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energy. In the symbol the lines connect the center of every circle to every other circle. This is reminiscent of God's omnipresence, as well as Holographic Universe Theory that scientists are now seriously considering to be accurate!

Metatron's Cube is named after the Jewish angel Metatron, who among other names is called the "Voice of God" and "Scribe of God". According to [MagicalRecipesOnline.com](http://MagicalRecipesOnline.com), Metatron's Cube "represents the interconnection between the divine and the mortal. It is a map of the two dimensions of Creation that encompasses the visible and the invisible." That is a very fitting model for the *Memphis Mushroom Synchronicity*, which has to do with our journey through the physical and spiritual realms!

These 2D shapes are the projection of the three-dimensional *Star Tetrahedron* (shown below). It is formed by intersecting two singular tetrahedra (one of the five Platonic solids). The Star Tetrahedron is also known as the *Merkabah* ("Light Spirit Body"), a powerful etheric vessel we can attune to and activate for balance and ascension.

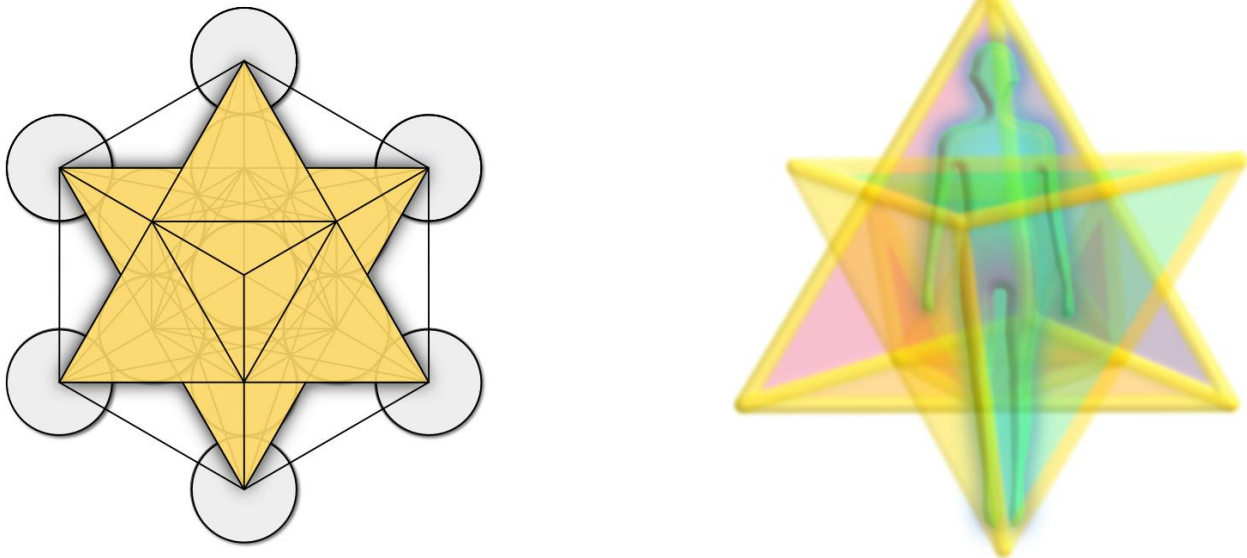


Figure 6: Star Tetrahedron (left) and the Merkabah (right)

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## Complimentary Symmetries

One day a few months after the *MMS* I was meditating on these shapes and I wondered how the 12 mushrooms might fit within the 12 outer circles of the Fruit of Life.

To my excitement they fit remarkably well! Starting with the *Death* stage at the top and going sequentially around clockwise, the stages formed very elegant vertical and horizontal symmetry [Figure 7].

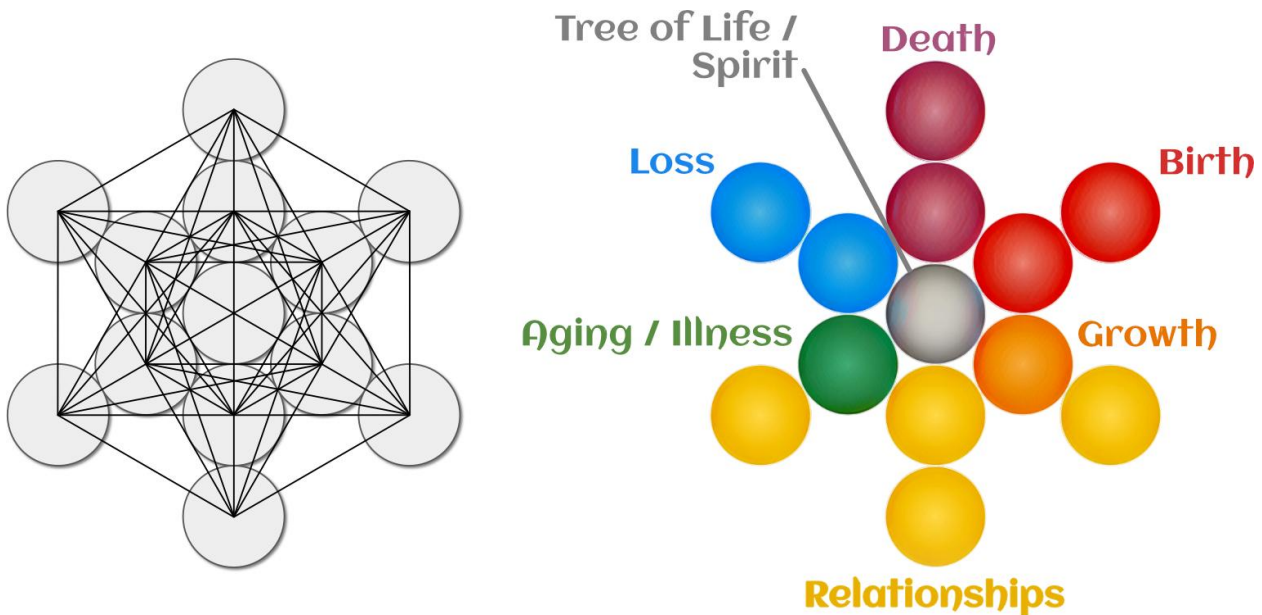


Figure 7: the 12 mushrooms / 7 stages overlaid onto the Fruit of Life

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Several stages form complements to each other. The two mushrooms of *Birth* (in essence representing *adding one*) complement the two mushrooms of *Loss* (in essence representing *losing one*) [Figure 8].

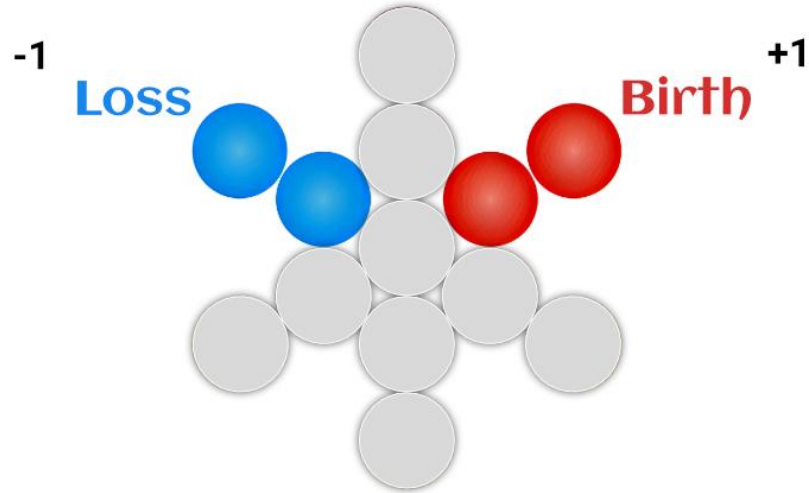


Figure 8: Symmetry of Stages 1 and 5

The single mushroom of *Growth* (representing expansion) complements the single mushroom of *Aging/Illness* (representing contraction) [Figure 9].



Figure 9: Symmetry of Stages 2 and 4

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Next, the four mushrooms of the Relationships stage form a group very similar to the actual arrangement in the vision, with a pair together and a pair apart [Figure 10]. This emphasizes the dual nature of relationships - autonomy and communion.

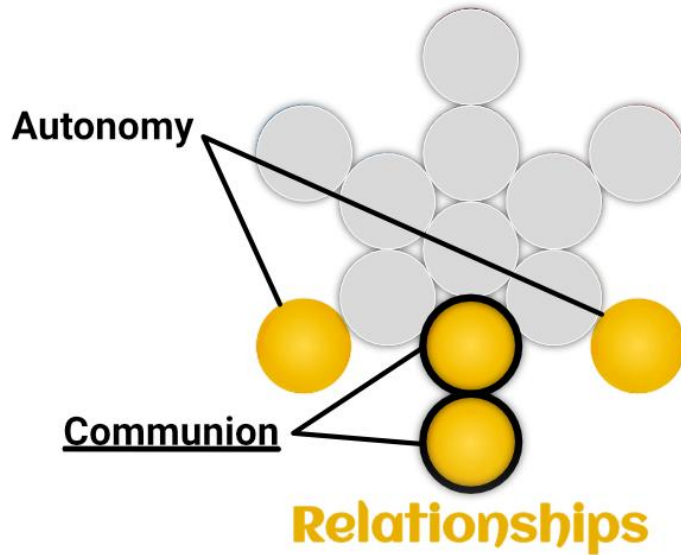


Figure 10: Symmetry of Stage 3

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The Relationships stage is opposite Death, and while not equal in the number of mushrooms, they do still represent significant complementary energies [Figure 11]. Death in essence represents losing oneself, and Relationships represent going beyond oneself by connecting to others. Perhaps we can conclude that the sum spiritual “weight” of Relationships is equivalent to the weight of Death.

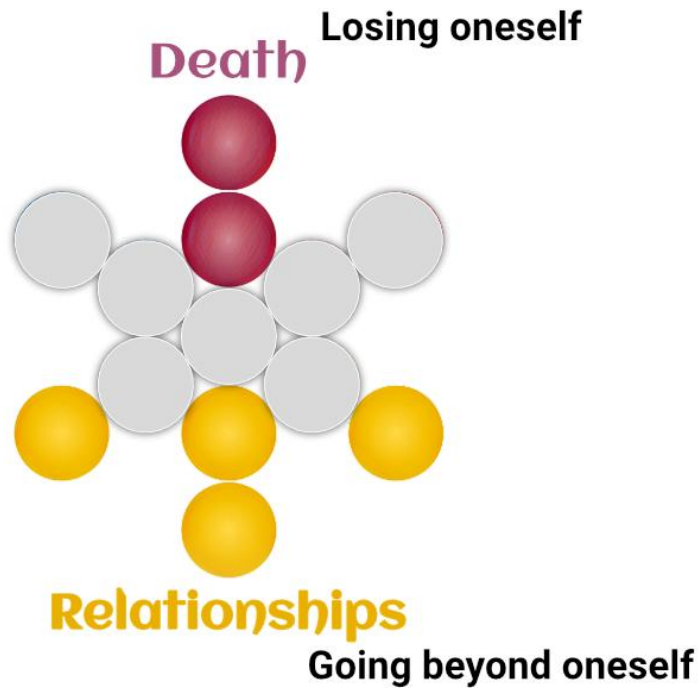


Figure 11: Symmetry of Stages 3 and 6

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Now what about the central thirteenth circle? I feel like that represents the seventh “Spirit Realm” stage between *Death* and *Birth*. In the MMS the two trees bookend the 6 mushroom stages, providing the proverbial *axis mundi* to higher dimensions that is orthogonal to the Earthly realm. It can be thought of as the structure that our spirit travels on between stages and between dimensions. Thus I call this stage *Tree of Life*, also known as the *World Tree* or *Cosmic Tree* in various world mythologies. As the center of a pole, stage 7 has its own symmetry that transcends the dimension of the others.

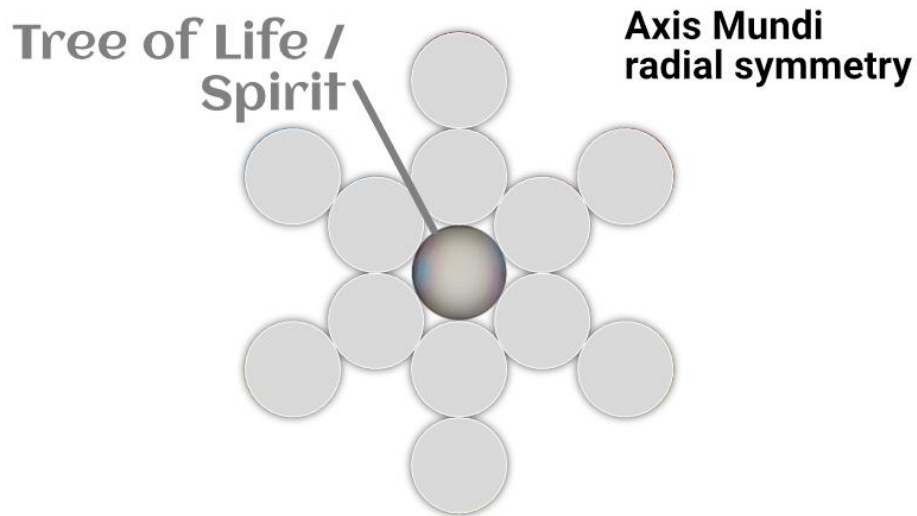


Figure 12: Symmetry of Stage 7 (& 1,2,3,4,5,6)



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There are a couple additional symmetries made up by grouping multiple stages together. Figure 13 contains 2 groups with 6 mushrooms in each group. In one group are all the Stages with exactly 2 mushrooms each (Birth, Loss, Death). In the other group are the Stages with more or less than 2 mushrooms each (Growth, Relationships, Aging/Illness). This grouping creates a horizontal symmetry.

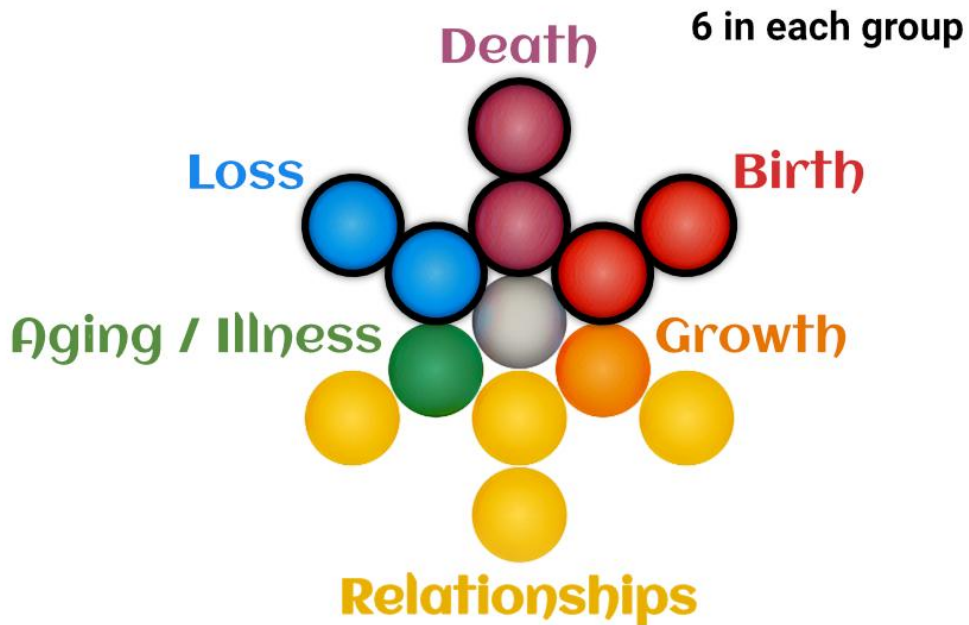


Figure 13: Symmetry of Stages 1,5,6 and 2,3,4

...

Figure 14 also contains 2 groups with 6 mushrooms in each group. In this case, one group contains the Stages that have a complementary Stage with the same number of mushrooms (e.g. Birth and Loss, Growth and Aging/Illness). The other group contains the Stages with an unequal complementary pairing (Relationships and Death). This grouping contains a vertical symmetry.

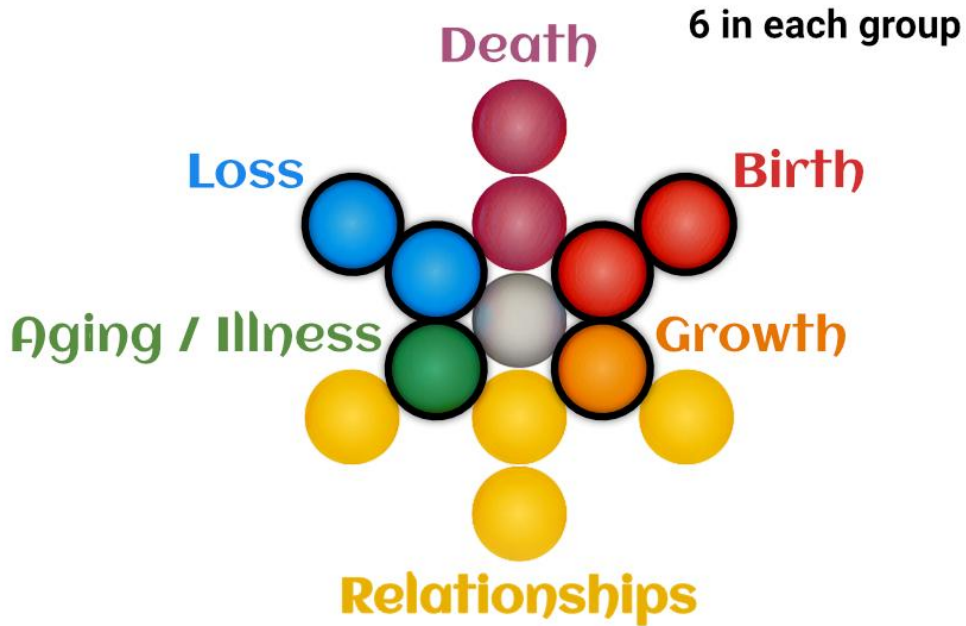


Figure 14: Symmetry of Stages 1,2,4,5 and 3,6

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## The Fruit of Life Stage Map

The oracle card for each stage displays a *Fruit of Life Stage Map* for reference of where that stage lies in relation to the other stages. The background color of the stage matches the color of the circles on the *Fruit of Life Stage Map*, and the circles on the map are also highlighted with glowing white edges. View the [Stage Cards Key](#) in Chapter 8 for a visual reference of the **Stage Map** on the oracle cards.

## Antipodes and Actions

The complimentary symmetries described above indicate the **Antipode** for each stage. Antipode means the direct opposite of something else. For example, *Loss* is the antipode of *Birth* and vice versa.

The energy or essence that each Stage represents in relation to its antipode indicates its **Action**. For example, *Birth* represents *adding one*, so its action is “Add”. *Loss* represents *subtracting one*, so its action is “Subtract”. On each oracle card the action is represented by the white symbol to the left of the *Fruit of Life Key*. The symbol for “Add” on the *Birth* card is the plus sign (“+”) and the symbol for “Subtract” on the *Loss* card is the minus sign (“-”). View the [Stage Cards Key](#) in Chapter 8 for a visual reference of the **Antipode** on the oracle cards.

All of the Antipodes and Actions are summarized in the [Correspondences Table](#) in Chapter 5 and also listed in the reference for each card ([Stages](#) in Chapter 8 and [States](#) in Chapter 9).

## 7. The Kabbalah Tree of Life

The *MMS* has a powerful connection to another esoteric symbol of sacred geometry: the Jewish *Kabbalah Tree of Life*. This connection further supports the synchronicities and essence of the *MMS*.

As can be seen from the diagram below, the *Tree of Life* consists of nodes (or Sephirot) connected by lines. The nodes perfectly overlap the intersections of circles from the *Flower of Life* pattern (seen from the dashed lines). Fundamentally, the *Tree of Life* presents a map of *emanationism*, which describes the flow of existence from a higher dimension (Heaven/Divinity/Source/God) at the top end, to the denser physical (Earthly) dimension at the bottom end. The numbering starts with 1 at the top node *Keter* (Crown) and proceeds to 2 - *Chokhmah* (Wisdom) and so on, all the way down to number 10 at the bottom - *Malkuth* (Kingdom).

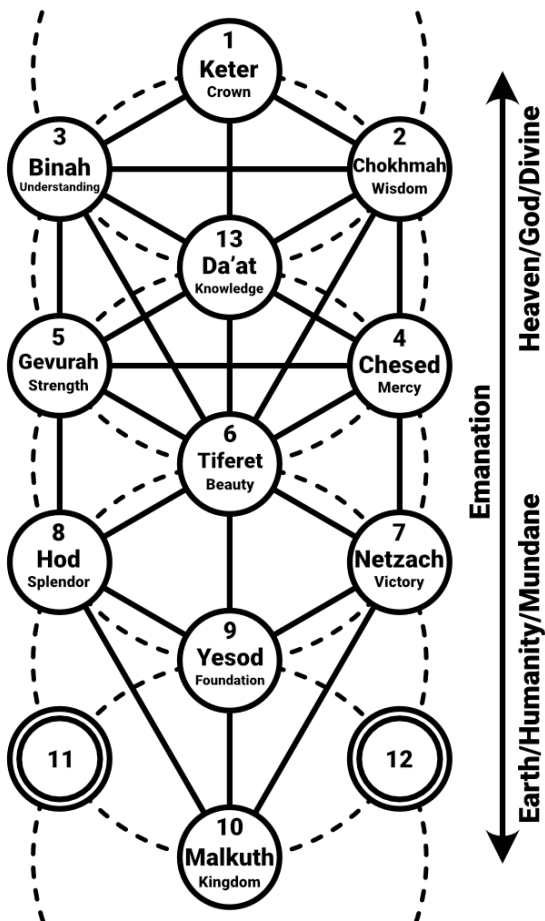


Figure 15: The Kabbalah with 13 nodes/Sephirot and guidelines

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Understanding the emanation pattern was key to mapping the twelve mushrooms to the design. The 12 mushrooms / 7 stages also incorporate emanation, but in a cyclical way. Birth spawns life in the three-dimensional world, which eventually returns to the Spirit realm with *Death*.

Now, typically the *Tree of Life* has only ten nodes, or eleven if the central unifying node Da'at is considered. However two additional nodes fit along the *Flower of Life* grid pattern under the seventh and eighth nodes, so that there are four nodes in each side column, and thirteen nodes total (figure 23).

I started by correlating the two mushrooms of the *Death* Stage to node 1 *Keter* (Crown) and node 2 *Chokhmah* (Wisdom). Then I worked backwards with the rest of the stages and nodes. For example the two mushrooms of the Loss stage are attributed to node 3 *Binah* (Understanding) and node 4 *Chesed* (Mercy).

The one mushroom of *Growth* corresponds to the 10th node *Malkut* (Kingdom) and finally the two mushrooms of Birth correspond to the new nodes 11 and 12. It seems fitting that nodes 11 and 12 are detached from the rest of the structure, because in the *MMS* the Birth stage actually represents the two parents. They exist at a different fractal level than the *Growth* mushroom, which is the subject of the rest of the stages. *Growth* (node 10) is really the first stage where the individual comes into and gains awareness of its own being.



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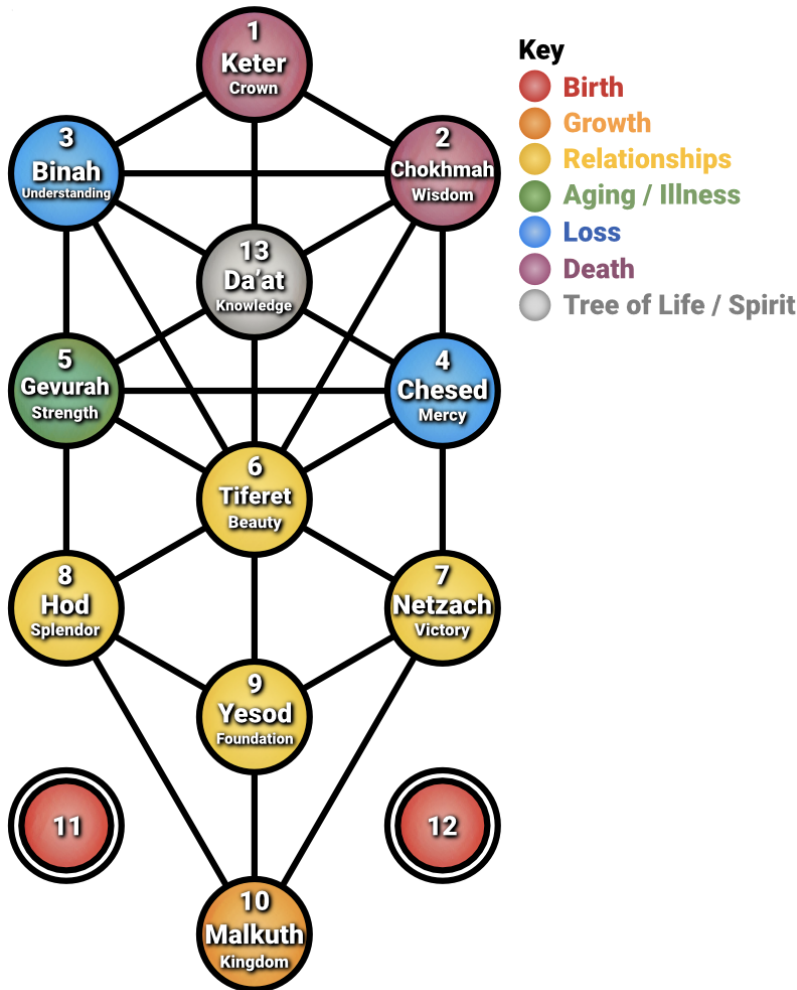


Figure 16: The *Kabbalah Tree of Life* with stages overlay

The thirteenth mushroom (seventh stage) then corresponds to the 13th node *Da'at* (Knowledge). This node really represents a synthesis of all the other nodes. In the Kabbalah tradition all Sephirot radiate infinite Divine light, causing all to be seen as one, *Da'at*.<sup>1</sup> This matches well with the concept of the seventh mushroom stage as Spirit or the conscious observer that transcends the physical realm.

Also worth noting, the Relationships stage forms the same square symmetry found in the original vision as well as in the [Fruit of Life](#) (Chapter 6).

<sup>1</sup> "Sophian.org." *Da'at Elyon & Da'at Tachton: Interior & Exterior Knowledge* - Sophian.org, [www.sophian.org/forum/viewtopic.php?t=3585](http://www.sophian.org/forum/viewtopic.php?t=3585).

...

## 8. The 7 Stages: Card Reference

This chapter provides descriptions, oracle messages, and details about each Stage card.

### Stage Cards Key



1. **Stage Name:** One of the 7 stages of Life and Reincarnation as observed in the *Memphis Mushroom Synchronicity*.
2. **Stage Illustration:** A representation of what the mushrooms looked like in the *MMS*. The background color roughly translates to - and goes in order of - the colors of the rainbow. The color of each Stage matches its corresponding State on the reverse side of the card.

3. **Stage Map:** A diagram mapping the Stage (and its mushroom(s)) onto the *Fruit of Life* pattern. There is one circle for each of the 12 mushrooms.

The circle(s) highlighted with a white glowing border show where the Stage lies on the map.

The color of the **Stage Illustration** also matches the color of its corresponding circles. For example, *Birth* has 2 mushrooms so there are 2 red

circles in the Stage Map. See the [Fruit of Life: Complementary Symmetries](#) section in Chapter 6 for analysis of symmetries between stages.

4. **Action:** A symbol indicating how this Stage behaves/manifests in the world. These are derived from the *Fruit of Life Symmetries*. See the [Antipodes and Actions](#) section in Chapter 6 for more details. For the symbol meaning see the page corresponding to the Stage in this chapter, or the [Correspondences Wheel](#) in Chapter 4 and the [Correspondences Table](#) in Chapter 5.

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5. **Planet:** The planet symbol corresponding to this Stage. For the planet name see the page corresponding to the Stage in this chapter, or the [Correspondences Wheel](#) in Chapter 4 and the [Correspondences Table](#) in Chapter 5.
6. **Sequence:** The Stage number in Roman numerals, between 1 and 7.
7. **Scope:** Indicates whether this card is a *Stage* (outer/physical) or *State* (inner/spiritual). Stages have earthly mountains and States have heavenly clouds.

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## Stage 1: Birth



*"Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars, to change the world."*

- Harriet Tubman

*"I am the infinite, which has become the body."*

- Paramhansa Yogananda

*"Don't get lost in the entire process of manifestation; just begin by seeding your heart's desire... All seeds hold the holographic power of their completion."*

- Ariel Spilsbury

*"Life is a wave of creative consciousness rippling through space and time that we have the honor of aesthetically surfing."*

- Alex Grey

### **Description**

Two beings come together in sacred unity to give life to a third new being.

### **Oracle**

You are giving birth to something new in your life - be it a child, a project, or a different way of being. What do you want to manifest? Now is a good time to do some visioning and set intentions for the future. Be mindful of who you create with. Remember to release control of your new creation once it manifests into the world.

...

**Guided Meditation**

Imagine a seed of light appearing in the palm of your hands. Conjure a feeling of love in your heart and focus on what you want to manifest. Now breathe life into the seed and spread your hands, casting the seed into the world.

<b>Action</b> Add (+)		<b>Planet</b> Mars (♂)	
<b>Polarity</b> Positive	<b>Mode</b> Cardinal		<b>Season</b> Summer
<p><b>Essence</b></p> <p>Initiation</p> <p>Seed</p> <p>New beginnings</p> <p><b>Message</b></p> <p>Birth something new.</p> <p><b>Scope</b></p> <p>Outer/External</p> <p><b>Inner Analog (Internal Scope)</b></p> <p><a href="#">Presence</a></p> <p><b>Antipode (Complementary/Opposite)</b></p> <p><a href="#">Loss</a></p>			

...

## Stage 2: Growth



*"You have to grow from the inside out. None can teach you, none can make you spiritual. There is no other teacher but your own soul."*

- Swami Vivekananda

*"It does not matter how slowly you go as long as you do not stop."*

- Confucius

*"The spiral tendency within each one of us is the longing for and growth towards wholeness."*

- Jill Purce

*"I held my fear by the hand, honored its existence, and thanked it for teaching me that happiness exists beyond the boundaries it creates."*

- Yung Pueblo

*"How wonderful it is that nobody need wait a single moment before starting to improve the world."*

- Anne Frank

### **Description**

An individual grows and develops a sense of self.

### **Oracle**

Something in your life is developing. Now is a good time to step out of your comfort zone in one or more areas. It is time to spread your wings and venture into new exciting territory. What aspect of you is calling for growth and development?



...

**Guided Meditation**

Visualize a pair of glowing wings of light unfurling from your back just below your neck. As you stretch your wings imagine floating up into the air. Now spread your hands and soar through the sky.

<b>Action</b> Expand (☉)		<b>Planet</b> Jupiter (♃)	
<b>Polarity</b> Negative	<b>Mode</b> Fixed		<b>Season</b> Summer
<p><b>Essence</b></p> <p>Development</p> <p>Bursting forth</p> <p>New horizons</p> <p><b>Message</b></p> <p>Embrace your destiny of growth: spread your wings and fly.</p> <p><b>Scope</b></p> <p>Outer/External</p> <p><b>Inner Analog (Internal Scope)</b></p> <p><a href="#">Gratitude</a></p> <p><b>Antipode (Complementary/Opposite)</b></p> <p><a href="#">Aging / Illness</a></p>			

...

## Stage 3: Relationships



*"A mortal lives not through that breath that flows in and that flows out. The source of his life is another and this causes the breath to flow."*

- Paracelsus

*"We do not exist for ourselves alone, and it is only when we are fully convinced of this fact that we begin to love ourselves properly and thus also love others."*

- Thomas Merton

*"What is the best way to take in every day life to lead one to life's ideal? The best way is to consider harmony as the first principle to be observed; that in all circumstances and situations and conditions one should try to harmonize with one's fellow creatures... Harmony is the most essential thing in life... In plain words, inharmony attracts inharmony, whereas harmony attracts harmony."*

- Hazrat Inayat Khan

*"A single collective directed thought is all it takes to change the world."*

- Lynne McTaggart

### **Description**

An individual learns to balance autonomy and communion with others.

### **Oracle**

Now is an appropriate time to nurture and/or reconsider your relationships. Perhaps there is an imbalance of autonomy (aloneness/underindulgence) and communion (togetherness/overindulgence) that you would benefit from adjusting. Remember that relationship extends beyond just connection with other people; it involves anything considered "outside" of

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yourself, including relationship to health, food, work, and play. Relationship in any area is about balance.

**Guided Meditation**

Visualize holding up a set of scales with a small amount of weight on either side. Using your mind, even-out the weights so that the two sides become perfectly balanced. Now imagine walking through life while maintaining the balance of the scales.

<b>Action</b> Go beyond oneself (↑)		<b>Planet</b> Venus (♀)	
<b>Polarity</b> Positive	<b>Mode</b> Mutable		<b>Season</b> Summer
<p><b>Essence</b></p> <p>Balance</p> <p>Communion</p> <p>Communication</p> <p><b>Message</b></p> <p>Maintain a healthy balance in your relationships.</p> <p><b>Scope</b></p> <p>Outer/External</p> <p><b>Inner Analog (Internal Scope)</b></p> <p><a href="#">Synchronicity</a></p> <p><b>Antipode (Complementary/Opposite)</b></p> <p><a href="#">Death</a></p>			

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## Stage 4: Aging / Illness



*"Decay is the beginning of all birth ... midwife of great things ... the deepest mystery and miracle that He/God has revealed to man."*

- Paracelsus

*"The wound is the place where the light enters you."*

- Rumi

*"In a transcendental sense the pain is not 'who we are,' it is just showing blockages or imbalances. It is merely passing through us, seeking a heart to meet and acknowledge it. If we give all the pain over to our heart-center and surround it with a vigilant, patient, compassionate embrace, the fire of our self-loving acceptance burns away its veils, diminishing its intensity, and if needed, liberates us into the lessons underlying the pain."*

- SkyTime (13moon.com)

*"Pain serves a purpose. Without it you are in danger. What you cannot feel you cannot take care of."*

- Rebecca Solnit

*"Serious transformations begin with two commitments: the courage to try new things and act in new ways, and the honesty needed to no longer hide from or lie to ourselves."*

- Yung Pueblo

*"Allow yourself to transform as many times as you need to be fully happy & free."*

- Yung Pueblo

### **Description**

An individual ages, experiences decay and illness.

### **Oracle**

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It may be time to acknowledge some aspect of you which is fading out. This could be physical, emotional or spiritual. This could be a time for celebration, like shedding skin which you have outgrown. Whether it is pleasant or painful, focus on letting go with humility and grace. Be gentle with yourself as you rest and rejuvenate. Remember that all living beings go through periods of contraction before they expand again.

**Guided Meditation**

Allow your body and mind to become still. Taking a deep breath in, imagine vital life force entering your system. Breathing out, imagine negativity, dis-ease and stagnant energy leaving you.

<b>Action</b> Contract (♁)		<b>Planet</b> Saturn (♄)	
<b>Polarity</b> Negative	<b>Mode</b> Cardinal		<b>Season</b> Winter
<p><b>Essence</b></p> <p>Shedding</p> <p>Release</p> <p>Grace</p> <p><b>Message</b></p> <p>Listen to the signs your physical/emotional/spiritual body is telling you.</p> <p><b>Scope</b></p> <p>Outer/External</p> <p><b>Inner Analog (Internal Scope)</b></p> <p><a href="#">Surrender</a></p> <p><b>Antipode (Complementary/Opposite)</b></p> <p><a href="#">Growth</a></p>			

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## Stage 5: Loss



*"If there be light, then there is darkness; if cold, heat; if height, depth; if solid, fluid; if hard, soft; if rough, smooth; if calm, tempest; if prosperity, adversity; if life, death."*

- Pythagoras

*"The soul would have no rainbow if the eye had no tears."*

- Native American proverb

*"Sometimes the darkest challenges, the most difficult lessons, hold the greatest gems of light."*

- Barbara Marciniak

*"If we overlook the inherent unity that opposing forces are born of, polarity is experienced as duality. Duality, the destructive illusion of separation, denies that counter-balances exist to serve each other. Challenges that appear as hardship or struggle, when seen from another perspective, can bear the blessings of opportunity."*

- SkyTime (13Moon.com)

*"Fearless' is not a reduction of fears, but rather the capacity to go beyond fear. Going beyond fear begins when we examine our fear... In the Shambala tradition, discovering fearlessness comes from working with the softness of the human heart."*

- Chogyam Trungpa, Rinpoche

### **Description**

An individual loses a loved one.

### **Oracle**

An old pattern or relationship that no longer serves you is near its end. In the process you are being called to detach from your need for external sources of peace and joy. Do not fear, for



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everything happens in divine timing just as you are ready for it. Focus on releasing what is due. Remember it is natural to grieve.

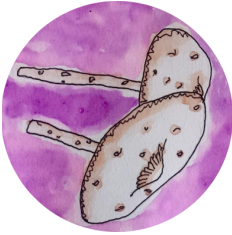
**Guided Meditation**

Breathing in, focus on the sensation - what it feels like to be alive - be it pleasant or painful. Acknowledge that this too shall pass. Breathing out, release that which no longer serves you.

<b>Action</b> Subtract (—)		<b>Planet</b> Mercury (☿)	
<b>Polarity</b> Positive	<b>Mode</b> Fixed		<b>Season</b> Winter
<p><b>Essence</b></p> <p>Faith</p> <p>Acceptance</p> <p>Shadow-work</p> <p><b>Message</b></p> <p>Have faith in divine timing.</p> <p><b>Scope</b></p> <p>Outer/External</p> <p><b>Inner Analog (Internal Scope)</b></p> <p><a href="#">Gnosis</a></p> <p><b>Antipode (Complementary/Opposite)</b></p> <p><a href="#">Birth</a></p>			

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## Stage 6: Death



*“How do we know that to clean to life is not an error? Perhaps our fear of its end approaching is like forgetting our way and not knowing how to return home.”*

- Chuang-tse

*“Death is the moment of form dissolving. When that dissolving is not resisted, an opening appears into the dimension of the sacred, into the One formless, unmanifested Life. This is why death is such an incredible opportunity. There is no transformation of human consciousness without the dissolving that death brings.”*

- Eckhart Tolle

*“I invite break-through; I dissolve identity; I un-solidify; I release old models for new models; I wield dissonance as a force of liberation; I redeem chaos as untamed order; I shed; I free limiting beliefs and constructs - no box, no separation, no boundaries; uncontained; free-form; receptive to the prismatic range of possibility.”*

- SkyTime (13Moon.com)

*“Full circle, from the tomb of the womb to the womb of the tomb, we come: an ambiguous, enigmatical incursion into a world of solid matter that is soon to melt from us, like the substance of a dream.”*

- Joseph Campbell

### **Description**

An individual dies with another.

### **Oracle**

A core part of you is ready to end. This could be an identity or an aspect of ego. Consider what is giving friction in your life and what life would be like without that struggle. What would it take to change? It could be as simple as a decision to accept yourself for who you know you really are.

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**Guided Meditation**

Complete a body scan from toe to head - noticing the sensations, temperature and discomforts in each part of you. Now imagine the edges of your body becoming less defined, like you are melting into the fabric of energy around you. Absorb a new sense of self through osmosis, and release your prior self.

<b>Action</b> Lose oneself (↓)		<b>Planet</b> Sun (☉)	
<b>Polarity</b> Negative	<b>Mode</b> Mutable		<b>Season</b> Winter
<p><b>Essence</b></p> <p>Transformation</p> <p>Ego-death</p> <p>Fearlessness</p> <p><b>Message</b></p> <p>You are more than your thoughts, beliefs, past actions and memories.</p> <p><b>Scope</b></p> <p>Outer/External</p> <p><b>Inner Analog (Internal Scope)</b></p> <p><a href="#">Rapture</a></p> <p><b>Antipode (Complementary/Opposite)</b></p> <p><a href="#">Relationships</a></p>			

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## Stage 7: Tree of Life



*"Birth and death are doors through which you pass from one dream to another. All you are doing is going back and forth between this gross dream world and the finer astral dream world; between these two chambers of dream nightmares and dream pleasures."*

- Paramhansa Yogananda

*"Looking inward is a straight line to the one, looking outward are multiple branches into the many. Yet, lest we forget, this whole tree is itself identical to the mysterious ineffable One transcending both one and many."*

- Thomas J. McFarlane (IntegralScience.org)

*"The meaning of life is not to be discovered only after death in some hidden, mysterious realm; On the contrary, it can be found by eating the succulent fruit of the Tree of Life and by living in the here and now as fully and creatively as we can."*

- Paul Kurtz

*"To be fully human means to know myself first as an essence of divinity, and then as a player in this huge dream called life."*

- Intiana

*"We move in circles, balanced all the while on a gleaming razor's edge. A perfect sphere colliding with our fate. This story ends where it began."*

- Dream Theater

### **Description**

An individual returns to the Spirit Realm in between life incarnations.

### **Oracle**

It is time to make a quantum leap in your spiritual evolution. Everything you have experienced

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lately has prepared you for a brand new state of awareness and existing. This might feel like a weight being lifted. Rejoice and appreciate the journey!

**Guided Meditation**

Breathing in, focus on energy simultaneously coming up from your base/root and down from your head/crown. Breathing out, imagine the energy being absorbed into your whole body. Repeat this process to accumulate life force.

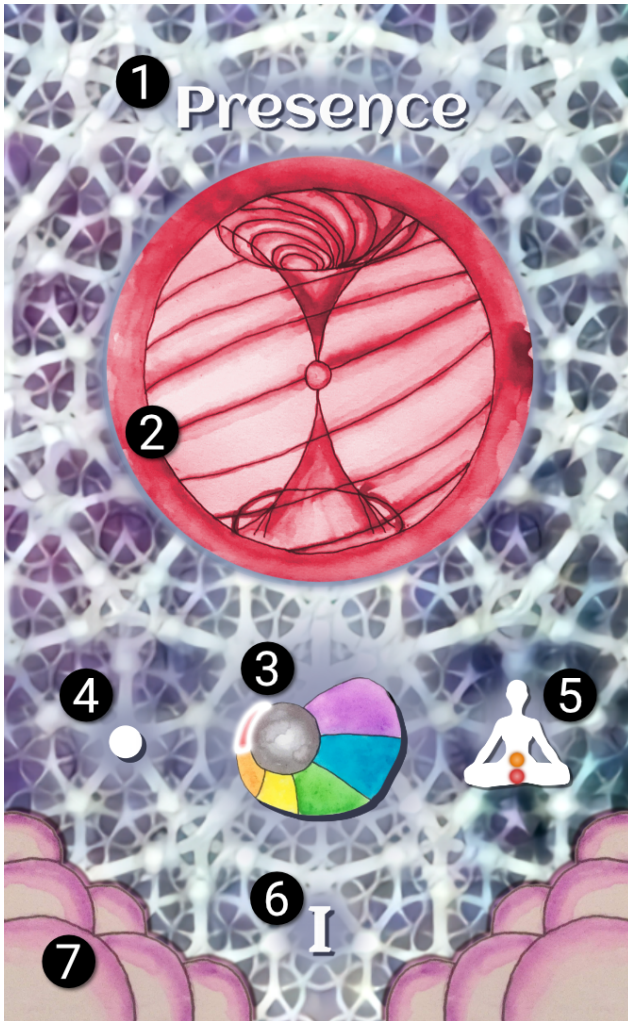
<b>Action</b> Journey Home (♁)		<b>Planet</b> Moon (♃) Earth (♁)	
<b>Polarity</b> All / Nondual	<b>Mode</b> All / Nondual		<b>Season</b> All / Nondual
<p><b>Essence</b></p> <p>Journey home to the spirit realm</p> <p>Quantum leap</p> <p>Ascension</p> <p><b>Message</b></p> <p>You are ready for an abundant new state of being.</p> <p><b>Scope</b></p> <p>Outer/External</p> <p><b>Inner Analog (Internal Scope)</b></p> <p><a href="#">Spirit</a></p> <p><b>Antipode (Complementary/Opposite)</b></p> <p>N/A</p>			

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## 9. The 7 States: Card Reference

This chapter provides descriptions, oracle messages, and details about each State card.

### State Cards Key



1. **State Name:** One of the 7 psycho-spiritual states experienced leading up to and during the *Memphis Mushroom Synchronicity*.
2. **State Illustration:** A representation of the State experienced during the *MMS*. The background color roughly translates to - and goes in order of - the colors of the rainbow/chakras. The color of each State matches its corresponding Stage on the front side of the card.
3. **State Map:** A diagram mapping the State onto a spiral nautilus shell. The position on the spiral indicates how far along the State is in the ascension process. The segment highlighted with a white glowing border shows where the State lies on the map. The color of the State Illustration also matches the color on the State Map. For example, Presence is red so it corresponds to the smallest segment at the

start of the spiral.

4. **Action:** A symbol indicating how this State behaves/manifests in the world. These are loosely based on the Chakra associations. For the symbol meaning see the page corresponding to the State in this chapter, or the [Correspondences Wheel](#) in Chapter 4 and the [Correspondences Table](#) in Chapter 5.



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5. **Chakras:** The chakra locations corresponding to this State. For the chakra names see the page corresponding to the State in this chapter, or the [Correspondences Wheel](#) in Chapter 4 and the [Correspondences Table](#) in Chapter 5.
6. **Sequence:** The State number in Roman numerals, between 1 and 7.
7. **Scope:** Indicates whether this card is a *Stage* (outer/physical) or *State* (inner/spiritual). Stages have earthly mountains and States have heavenly clouds.

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## State 1: Presence



*"What is a course of history or philosophy, or poetry, no matter how well selected, or the best society, or the most admirable routine of life, compared with the discipline of looking always at what is to be seen? Will you be a reader, a student merely or a seer? Read your fate, see what is before you, and walk on into futurity."*

- Henry David Thoreau

*"If you look at zero you see nothing; but look through it and you will see the world."*

- Robert Kaplan

*"By orienting in the present, as presence, we expand and feel our undeniable interrelations with all of life. When we are present to every situation as a divinely calibrated opportunity for "personal" clarity and growth, we transform our suffering or striving into the beauty of human evolution, honoring life as an eternal journey of Being!"*

- SkyTime (13Moon.com)

*"Center the mind in stillness; center the heart in love; center the body in breath; and you will find yourself centered in the cosmos!"*

- SkyTime (13Moon.com)

### **Description**

Presence yields unification with Unity Consciousness along the toroidal field. Present awareness allows one to tap into the infinite probabilities in the now.

### **Oracle**

Quiet the mind. Let go of judgements of the past and fears of the future. Surrender your preconceived notions of reality. Open to all possibilities. Become Unit Consciousness. Find the humility to let go of all opinions held as truths.

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**Guided Meditation**

Find a place of solitude and listen to your surroundings. What do you see, hear and feel? What is happening around you? Is it different from what is in your mind? Check in. Be honest with your current feelings. Become aware of who and where you are in this moment- shadow and all. Only when you open to the reality of what is can you shape what is to be.

<b>Action</b> Be (•)		<b>Chakras</b> Root (●) Sacral (●)	
<b>Polarity</b> Positive	<b>Mode</b> Cardinal		<b>Season</b> Summer
<p><b>Essence</b></p> <p>Potential</p> <p>Probabilities in the Now</p> <p>Surrender</p> <p>Vulnerability</p> <p>Unit Consciousness/Singularity</p> <p><b>Message</b></p> <p>Be in the present moment.</p> <p><b>Scope</b></p> <p>Inner/Internal</p> <p><b>Outer Analog (External Scope)</b></p> <p><a href="#">Birth</a></p> <p><b>Antipode (Complementary/Opposite)</b></p> <p><a href="#">Gnosis</a></p>			

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## State 2: Gratitude



*"Gratitude is the fairest blossom which springs from the soul."*

- Henry Ward Beecher

*"Gratitude is the memory of the heart."*

- Jean Baptiste Massieu

*"Today is a day of completion; I give thanks for this perfect day, miracle shall follow miracle and wonders shall never cease."*

- Florence Scovel Shinn

*"Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow."*

- Melody Beattie

*"Acknowledge the abundance in our life; it creates waves of grace on which to move in the world.*

*Generosity means giving, and it begins in the heart by affirming confidence in the abundance of the universe. Abundance flows in a circle, so when you fear and think scarcity thoughts, then the flow of abundance in our lives becomes constricted. Generous actions from a generous heart bring peace and abundance for you and all in the circle. Recognize that you always have something to give, and then share it with others."*

- Venerable Dhyani Ywahoo

### **Description**

Gratitude is a deep heartfelt appreciation. Gratitude of all experiences brings in abundance and peace.

### **Oracle**

Choose to find joy and value in the present moment. Trust yourself that focusing on the positive will bring positive results. Where intention goes, energy flows.

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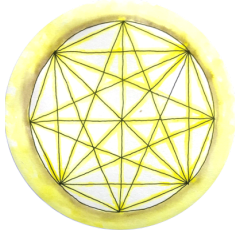
**Guided Meditation**

Reflect on and appreciate everything that has led up to your current state and situation. Focusing on different objects and situations repeat the mantra, *"This has led me to where I am."*

<b>Action</b> Feel (~)		<b>Chakras</b> Sacral (●) Solar Plexus (●)	
<b>Polarity</b> Negative	<b>Mode</b> Fixed	<b>Season</b> Summer	
<p><b>Essence</b></p> <p>Current</p> <p>Joy</p> <p>Free will</p> <p><b>Message</b></p> <p>Find and express what you are genuinely grateful for.</p> <p>Trust yourself.</p> <p><b>Scope</b></p> <p>Inner/Internal</p> <p><b>Outer Analog (External Scope)</b></p> <p><a href="#">Growth</a></p> <p><b>Antipode (Complementary/Opposite)</b></p> <p><a href="#">Surrender</a></p>			

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## State 3: Synchronicity



*"There is no such thing as chance; and what seems to us merest accident springs from the deepest source of destiny."*

- Friedrich Von Schiller

*"Synchronicity is the Universe rhyming."*

- Ra

*"Coincidence is God's way of remaining anonymous."*

- Albert Einstein

*"Synchronicity is an ever-present reality for those who have eyes to see."*

- Carl Jung

### **Description**

Messages from higher levels of consciousness manifest as synchronicities to provide guidance, encouragement and inspiration. They occur frequently, just waiting to be noticed. To invite them into your life view the world with a playful openness and intuitive mind.

### **Oracle**

Allow yourself to notice and examine seeming coincidences and signs in your life. Observe the *feeling* you have and the thoughts in your mind when these patterns occur. Trust that a higher meaning underlies these events whose purpose is to help guide you in your spiritual development.



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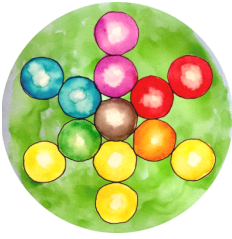
**Guided Meditation**

Wherever you are, look around you and consider that everything is a sign/message from a Divine realm. What is each thing telling you?

<b>Action</b> Sense (△)		<b>Chakras</b> Solar Plexus (●) Heart (●)	
<b>Polarity</b> Positive	<b>Mode</b> Mutable	<b>Season</b> Summer	
<p><b>Essence</b></p> <p>Connections to Source/Higher Consciousness</p> <p>Divine Messages</p> <p><b>Message</b></p> <p>Believe in magic.</p> <p>Trust in higher-order/reality/Source.</p> <p><b>Scope</b></p> <p>Inner/Internal</p> <p><b>Outer Analog (External Scope)</b></p> <p><a href="#">Relationships</a></p> <p><b>Antipode (Complementary/Opposite)</b></p> <p><a href="#">Rapture</a></p>			

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## State 4: Surrender



*"When you realize nothing is lacking, the whole world belongs to you."*

- Lao Tzu

*"Life is a series of natural and spontaneous changes. Don't resist them; that only creates sorrow. Let reality be reality. Let things flow naturally forward in whatever way they like."*

- Lao Tzu

*"Going with the flow is responding to cues from the universe. When you go with the flow, you're surfing Life force. It's about wakeful trust and total collaboration with what's showing up for you."*

- Danielle LaPorte

*"Nobody's life is a straight line that makes perfect sense. Everybody has twists and turns, and everyone has to turn around every now and then. So when you find yourself wishing and hoping things out of your control would change, summon all of your strength to let go and start heading in a new direction because it'll lead you closer to your true path."*

- Nikki Banas

*"Let go; let your self be absorbed by life itself. Be flexible in yielding to the formless flow. Allow your focus to cover a vast range. Dissolve feelings of constrictions. Welcome spontaneity, seeming disruptions, and unexpected detours. Release allegiance to limitations, reliance upon format, or fixation upon control. Un-do, break-down, mix it up! Allow energy to travel as it needs. Disperse into formless existence."*

- SkyTime (13Moon.com)

*"Salvation does not come from refusing to take part or from running away. Nor does it come from just drifting. Salvation comes from complete surrender, with one's eyes always turned to the center."*

- Carl Jung

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**Description**

Deep reverence of a grand and sacred cycle brings peace and centeredness, helping clear away unhealthy patterns and attachments.

**Oracle**

Patience, discipline and trust yield into deep knowing and empowerment for dealing with all of life's challenges. Trust that what is happening is meant to happen for your soul's evolution.

**Guided Meditation**

Focus on the attached image of the 6 mushroom stages mapped onto the Fruit of Life pattern. In this form of Unity is encoded balance and harmony, yielding peace of mind.

<b>Action</b> Trust (▽)		<b>Chakras</b> Heart (●) Throat (🌐)	
<b>Polarity</b> Negative	<b>Mode</b> Cardinal		<b>Season</b> Winter
<p><b>Essence</b> Physical/Earthly Order</p> <p><b>Message</b> Trust in the unfolding of life.</p> <p><b>Scope</b> Inner/Internal</p> <p><b>Outer Analog (External Scope)</b> <a href="#">Aging / Illness</a></p> <p><b>Antipode (Complementary/Opposite)</b> <a href="#">Gratitude</a></p>			

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## State 5: Gnosis



*"Behold the furthest edge of what's above, anatomize the innermost marrow of that which is below, and recognize how each flows into and out of the human dimension."*

- Russell von Ohlhausen (ASTRAM.org)

*"The greater your integrity, the more the many gates of knowledge and the real truths of existence will be revealed."*

- Barbara Marciniak

*"Voyage into the vast creative landscape of your Soul. Discover unlimited clear-seeing, fertile imagination and ground-breaking ideas. Vision is a gift. Portray and reveal, so others may also see. Bring your perspective from the highest, most all-encompassing viewpoint possible. Access the Visionary within - seeing and believing in that which has not yet manifest! Give flight to your sacred Vision!"*

- SkyTime (13Moon.com)

*"The eye through which I see God is the same eye through which God sees me."*

- Meister Eckhart

### **Description**

Deep spiritual practice reveals universal truths that transcend and include human consciousness and Earth-bound reality. This is the realm of mystical revelation, the portal to higher-order messages and wisdom.

### **Oracle**

Everything you have experienced so far has prepared you and built the foundation for understanding profound truths on a deep level. This state is very personal, manifesting from an

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alignment with your soul purpose and true essence. To encourage the process, focus on living a holistic balanced state of being. Harmonize your internal dynamics of heart-mind, creative-analytic, and mind-body-soul.

**Guided Meditation**

Focus on the attached image which incorporates the *Fruit of Life* model with the four elements of the *Memphis Mushroom Synchronicity*. These are: *fire* (the sun/Eclipse), *water* (the moon/Memphis River), *earth* (the twelve mushrooms) and *air* (conscious awareness of the vision). In this image is encoded the dynamic balance of physical and metaphysical forces all working together in harmony.

<b>Action</b> Understand (☆)		<b>Chakras</b> Throat (🌐) 3rd Eye (👁️)	
<b>Polarity</b> Positive	<b>Mode</b> Fixed		<b>Season</b> Winter
<p><b>Essence</b>                  Mystical/Higher-dimensional order</p> <p><b>Message</b>                  Understand the divine plan.</p> <p><b>Scope</b>                  Inner/Internal</p> <p><b>Outer Analog (External Scope)</b>  <a href="#">Loss</a></p> <p><b>Antipode (Complementary/Opposite)</b>  <a href="#">Presence</a></p>			

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## State 6: Rapture



*"If you could get rid of yourself just once, The secret of secrets would open to you. The face of the unknown, Hidden beyond the universe Would appear on the Mirror of your Perception."*

-Rumi

*"The kingdom of God is within you and all around you, not in mansions of wood and stone. Split a piece of wood and I am there, lift a stone and you will find me."*

- The Gospel of Thomas

*"Teach me the ways to dissolve my smallness, and receive the divine vastness, as it beckons me to unfurl my joy."*

- Aryze

*"A human being is a part of the whole called by us universe, a part limited in time and space. He experiences himself, his thoughts and feeling as something separated from the rest, a kind of optical delusion of his consciousness. This delusion is a kind of prison for us, restricting us to our personal desires and to affection for a few persons nearest to us. Our task must be to free ourselves from this prison by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty."*

- Albert Einstein

### **Description**

Connection with Unity (Christ) Consciousness is a peak experience involving the dissolution and merging of self-identity with the Infinite. It may involve distorted perception of time, intense emotional release, and profound clarity and sense of peace.

### **Oracle**

What helps you feel connected to the Universe? Perhaps it's spending time in nature, making art, helping others, listening to meditative music or enjoying aromatherapy. This state is highly

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personal, and may best be targeted simply by allowing yourself to unfold into your truest and highest self - free from external expectations and cultural programming.

**Guided Meditation**

Sit up straight in a comfortable position. Close your eyes and roll them up to point at your 3rd eye. Sit still or gently rock back and forth. Focus on an awareness of your bodily sensations. Then expand your sense of self by observing and identifying with the sounds you hear around you. Repeat the mantra, "I am that, I am." Now imagine expanding your awareness to the whole room, building, town, continent, planet, galaxy and eventually the whole Universe, repeating the mantra at each level.

<b>Action</b> Become (◉)		<b>Chakras</b> 3rd Eye (●) Crown (●)	
<b>Polarity</b> Negative	<b>Mode</b> Mutable		<b>Season</b> Winter
<b>Essence</b> Unity Consciousness			
<b>Message</b> Dissolve into the Divine Matrix/Source field through deep heartfelt feeling.			
<b>Scope</b> Inner/Internal			
<b>Outer Analog (External Scope)</b>			
<a href="#">Death</a>			
<b>Antipode (Complementary/Opposite)</b>			
<a href="#">Synchronicity</a>			



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## State 7: Spirit



*"As we begin to remember our origins, we re-member our lives as they could be. And as consciousness ascends, we will be remembering much more. Only then will we bring ourselves back to the Garden – eventually."*

- Zuzanna Vee (ZuzannaVee.WordPress.com)

*"Your soul is that part of you that existed before you were born and will continue to exist after you die. [It] is immortal. You are a powerful and creative, compassionate, loving spirit that has entered the Earth school to learn lessons and to give gifts."*

- Gary Zukav

*"We are slowed-down sound and light waves, a walking bundle of frequencies tuned into the cosmos. We are souls dressed up in sacred biochemical garments and our bodies are the instruments through which our souls play their music."*

- Albert Einstein

### **Description**

Travel multidimensionally and reach a new fractal level of consciousness through the integration of all you have experienced thus far.

### **Oracle**

You have a passport to the Spirit Realm. Through meditative and deep theta states you may travel to the 5D spirit realm - to life between lives and the astral plane. You may also receive profound messages and have otherworldly adventures in your dreams. Write them down as soon as you wake up and reflect on their meaning and significance.

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**Guided Meditation**

Imagine flowing gently through multidimensional space - through and above the cycle of life. You transcend the physical dimension and are no longer limited by space and time. Where and when and who do you wish to visit? All is possible in the plane of imagination.

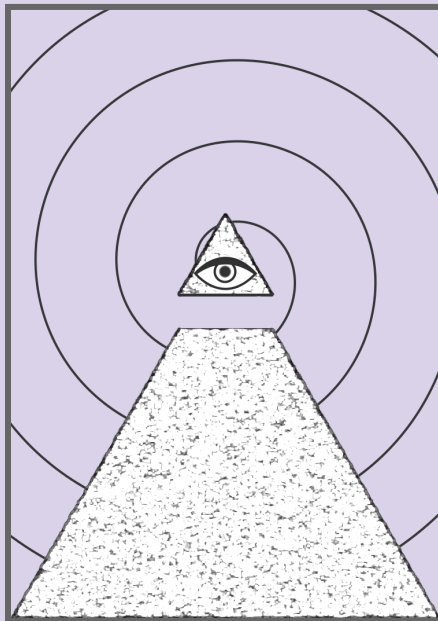
<b>Action</b> Flow (:)		<b>Chakras</b> Soulstar (●) Earthstar (●)	
<b>Polarity</b> All / Nondual	<b>Mode</b> All / Nondual		<b>Season</b> All / Nondual
<p><b>Essence</b>                  Love and light</p> <p><b>Message</b>                  Project your consciousness into higher-dimensional space.</p> <p><b>Scope</b>                  Inner/Internal</p> <p><b>Outer Analog (External Scope)</b>  <a href="#">Tree of Life</a></p> <p><b>Antipode (Complementary/Opposite)</b>                  N/A</p>			

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## 10. Other Resources

### Unity Meditation a.k.a. The Moses Code

This is the meditation I invoked right before encountering the *Memphis Mushroom Synchronicity*. It is based on the 2005 documentary “The Moses Code” directed by James F. Twyman. It is described as a code God gave Moses for “unlocking the power of manifestation.” After the MMS manifested I can attest to its power!



Breathing out, focus on a subject and say,

*“I am That”*

Breathing in, focus on yourself and say,

*“I am.”*

Repeat for everything in the surrounding environment.

## Supplemental Documents

You can access supplemental documents at [TwelveMushrooms.com/guide](http://TwelveMushrooms.com/guide). These include a standalone PDF sheet of the *Correspondences Table* and *Fruit of Life Symmetries* that you can easily print. In the future there are plans for a wiki and interactive diagrams!

### Order of the Twelve Mushrooms Correspondences

Order	Stage	Action	Planet	Artipode	Site	Avatar	Chakra	Antipode	Polarity	Mode	Season
1	Birth	Adh (+)	Mars (♂)	Loss	Presence	De (-)	Root	Diurnal	Negative	Contract	Summer
2	Growth	Expand (+)	Jupiter (♃)	Adaptation	Contract	Feet (+)	Heart	Winter	Positive	Expand	Winter
3	Relationships	Go Beyond oneself (+)	Venus (♀)	Death	Relationship	Sense (+)	Self/Presence	Summer	Negative	Marital	Summer
4	Aging/Illness	Contract (-)	Saturn (♄)	Death	Summer	Heart (-)	Heart	Winter	Negative	Contract	Winter
5	Loss	Relinquish (-)	Mars (♂)	Birth	Contract	Understand (-)	Throat	Summer	Positive	Expand	Winter
6	Death	Let Go (-)	Saturn (♄)	Relationship	Contract	Secure (-)	Self/Contract	Winter	Negative	Marital	Winter
7	Tree of Life / Spirit	Join (+)	Mars (♂)	Birth	Death	Flow (+)	Heart	Summer	Positive	Expand	Summer

Visit [TwelveMushrooms.com](http://TwelveMushrooms.com) for the full guide with explanation!

### Order of the Twelve Mushrooms Fruit of Life Symmetries

Tree of Life / Spirit (7)  
Loss (5) Birth (1)  
Aging / Illness (4) Growth (2)  
Relationships (3)

The 7 Stages / 12 Mushrooms overlaid onto the Fruit of Life

Symmetry of Stages 1 & 5

Death Losing oneself

Contraction Aging / Illness Expansion Growth

Symmetry of Stages 2 & 4

Symmetry of Stages 3 & 6

Autonomy Communion

Symmetry of Stage 3

Tree of Life / Spirit Axis Mundi radial symmetry

Symmetry of Stage 7 (& 1,2,3,4,5)

6 in each group

6 in each group

Symmetry of Stages 1,5,6 & 2,3,4

Symmetry of Stages 3,2,4,5 & 7,5

Visit [TwelveMushrooms.com](http://TwelveMushrooms.com) for the full guide with explanation!

[Download Document](#)

(Click the button above!)

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## Online Oracle

Access an *interactive* online version of the oracle card deck at [TwelveMushrooms.com](https://TwelveMushrooms.com)! This is handy if you don't have the physical deck with you, but have your phone, tablet or computer. You can explore each card, click on its image to read about it, and even get an *automated* oracle reading!



Divinate Oracle

(Click the button above!)

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## Future Plans

Here are some of the exciting future plans for the project:

- Personal memoir book exploring the *Memphis Mushroom Synchronicity* in more detail
- Interactive diagrams and story
- Online wiki
- Online Community network and activities
- Mobile app

To get notified of future releases sign up to the Twelve Mushrooms newsletter here:

### Subscribe to the Order

(Click the button above!)

## Social Media

Follow **@TwelveMushrooms** on Instagram, Facebook and Twitter!



(Click the icons above!)



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## About Ash Mystic



Ash synthesizes his passion for art, nature and technology into tools for developing consciousness and spirituality. He sells prints of channeled artwork and offers divination readings through the practice of automatic drawing.

Find out more at his website, [AshMystic.com](http://AshMystic.com) and on Instagram [@ash.mystic.art](https://www.instagram.com/ash.mystic.art)

*"It is my deepest hope that the Order of the Twelve Mushrooms deck and story fills you with as much peace, joy and wonder as it has for me. I'd love to have you join me at the accompanying website, [TwelveMushrooms.com](http://TwelveMushrooms.com). There you will find an interactive digital deck, extra resources, and more exciting features planned for the future!"*

*May it bring you light and wisdom,  
Ash*

